



12. Vahrer-Seen-Lauf, am 05.06.2016 - E R G E B N I S - L I S T E

10.000 m Hauptlauf - Gesamtplatzierungen

Ges.Pl.	Pl. M.	Pl. W.	Pl.A-Kl.	St.-Nr.	Name	Vorname	Alt-Kl.	Ges.Zt.	Verein
1	1	0	1	1648	Couzijn	Erik	M35	00:37:27.9	
2	2	0	1	1478	Sieke	Thomas	M40	00:37:31.4	ATS Buntentor
3	3	0	2	1645	Cords	Marcus	M40	00:37:46.5	For Brother
4	4	0	1	1793	Naue	Torsten	M50	00:37:58.6	LG Bremen-Nord / Eisenhauer Training
5	5	0	2	1873	Sieck	Moritz	M35	00:38:14.6	
6	6	0	1	1443	Kettler	Stefan	M45	00:38:56.8	ATS Buntentor
7	7	0	1	1906	Vlasics	"Kim Martin"	M	00:39:28.2	
8	8	0	3	1746	Kreutzfeldt	Henning	M35	00:39:49.3	Syke
9	9	0	2	1431	Borges	Joern	M50	00:39:58.7	JBA
10	10	0	3	1670	Ferreira	José	M50	00:40:08.5	JGOyle
11	11	0	2	1877	Steffe	Frank	M45	00:40:43.5	
12	12	0	3	1623	Briese	Dirk	M45	00:41:06.9	
13	13	0	4	1761	Leimbach	Oliver	M50	00:41:10.1	
14	14	0	4	1756	Lauterberg	Tassilo	M45	00:41:27.3	Reha Centrum Alt-Osterholz
15	15	0	5	1872	Serafiniak	Ralf	M50	00:41:42.2	JG Oyle
16	16	0	1	1695	H-63	M	MJB	00:41:47.5	Akademie Lothar Kannenberg
17	17	0	6	1896	Titz	Bernd	M50	00:41:56.4	Die PARTEI Bremen
18	18	0	2	1915	Wegner	Pascal	M	00:42:15.4	kingdom of sports Bremen Vahr
19	19	0	2	1774	M-62	K	MJB	00:42:20.3	Akademie Lothar Kannenberg
20	20	0	1	1773	M-18	J	MJA	00:42:26.3	Akademie Lothar Kannenberg
21	21	0	4	1942	zu Klampen	Ben	M35	00:42:28.7	
22	22	0	1	1858	Schlachter	Hartmuth	M60	00:42:55.2	
23	23	0	5	1848	Romano	Domenico	M35	00:42:59.1	
24	24	0	5	1733	Klabunde	Steffen	M45	00:43:03.6	BSG Sparkasse Bremen
25	25	0	2	1727	Kaminski	Leszek	M60	00:43:10.8	BSG Sparkasse Bremen
26	26	0	7	1740	Knop	Peter	M50	00:43:14.3	
27	27	0	6	1927	Wikner	Axel	M45	00:43:16.6	
28	28	0	3	1803	Nyrhinen	Feetu	M40	00:43:27.5	
29	29	0	2	1840	Rexhäuser	Bastian	MJA	00:43:28.4	
30	0	1	1	1759	Lehne	Gesa	W	00:43:43.6	Uni Triathlöwen Bremen
31	30	0	8	1272	Buschmann	Karl	M50	00:43:44.3	TV Eiche Horn
32	0	2	2	1841	Rexhäuser	Janka	W	00:43:47.7	kingdom of sports Bremen Vahr
33	31	0	3	1864	Schmitz	Jannik	M	00:44:04.4	Reha Centrum Alt-Osterholz
34	32	0	9	1607	Austen	Andreas	M50	00:44:10.8	
35	33	0	1	1654	Diehl	Andreas	M30	00:44:27.8	
36	34	0	7	1847	Rohmer	Christian	M45	00:44:30.4	
37	35	0	2	1693	Günther	Richard	M30	00:44:37.8	Mut, Tatendrang & Schönheit
38	36	0	4	1886	Strebe	Oliver	M40	00:44:39.5	BSG Sparkasse Bremen
39	37	0	1	1612	Behrmann	Ralf	M55	00:44:42.9	
40	38	0	10	1795	Neumann	Jörg-Dietrich	M50	00:44:54.4	
41	39	0	3	1194	Musche	Finn-Sascha	MJB	00:44:59.9	
42	40	0	4	1860	Schmidt	Benjamin	M	00:45:13.3	
43	41	0	5	1816	Pauly	Jonas	M	00:45:18.5	
44	42	0	6	1768	Lilje	Kilian	M	00:45:18.5	TSV Worpswede
45	43	0	11	1736	Klinke	Michael	M50	00:45:24.5	BSG Sparkasse Bremen
46	44	0	3	1652	Dehn	Thomas	M30	00:45:28.4	Dehn Running
47	45	0	4	1651	Dehn	Stefan	M30	00:45:33.2	Dehn Running
48	46	0	5	1646	Correnti	Paolo	M30	00:45:37.2	Italiano con Paolo
49	47	0	6	1571	Bodermann	Felix	M30	00:45:48.8	
50	48	0	12	1797	Nielsen	"Andreas "	M50	00:45:51.7	
51	49	0	13	1598	Flegel	Andreas	M50	00:45:55.9	Sport- Ziel Marathonteam
52	50	0	3	1850	S-16	V	MJA	00:45:59.3	Akademie Lothar Kannenberg
53	51	0	6	1613	Beinaar	Ingo	M35	00:46:02.3	
54	52	0	7	1810	Otta	Karl	M35	00:46:05.4	TV Eiche Horn
55	53	0	8	1638	Childs	Jörg	M45	00:46:11.2	Weyher LT
56	54	0	9	1692	Grundmanns	"Rene "	M45	00:46:20.3	
57	55	0	2	1844	Riechers	Michael	M55	00:46:25.2	
58	56	0	5	1745	Krämer	Marcel	M40	00:46:27.0	





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10.000 m Hauptlauf - Gesamtplatzierungen

Ges.Pl.	Pl. M.	Pl. W.	Pl.A-Kl.	St.-Nr.	Name	Vorname	Alt-Kl.	Ges.Zt.	Verein
59	0	3	1	1340	Buchmann	Jun	W40	00:46:30.0	
60	57	0	14	1782	Meyer	Wolfgang	M50	00:46:38.2	Absatz Claus
61	58	0	10	1822	Post	Andree	M45	00:46:40.3	
62	59	0	6	1914	Walenko	"Miroslaw "	M40	00:46:47.5	Racebooker
63	60	0	11	1615	Bergler	Claudius	M45	00:46:52.7	Racebooker
64	61	0	8	1739	Knittel	Hagen	M35	00:46:54.8	
65	62	0	15	1609	Bartzke	Jens	M50	00:46:57.5	Vahraonenjäger
66	63	0	7	1931	Windsch	Christian	M30	00:47:00.1	
67	64	0	7	1909	Wagner	Christian	M	00:47:08.5	Reha Centrum Alt-Osterholz
68	65	0	12	1846	Ritter	Klaus	M45	00:47:09.0	
69	66	0	13	1830	Priebe	Roland	M45	00:47:10.8	
70	0	4	1	1442	Mahler	Claudia	W50	00:47:13.4	
71	67	0	7	1868	Schröder	Nikas	M40	00:47:13.4	KaBiNi
72	68	0	3	1621	Box	Harald	M55	00:47:16.0	Racebooker
73	69	0	3	1786	Mörk	Dieter	M60	00:47:26.8	
74	0	5	1	1828	Preuß	Tamina	W30	00:47:30.4	
75	70	0	8	1827	Preuß	Mikola	M	00:47:31.9	
76	71	0	4	1602	A-64	R	MJB	00:47:32.0	Akademie Lothar Kannenberg
77	72	0	4	1862	Schmidt	Heinz	M60	00:47:35.1	
78	73	0	9	1703	Heinrichs	Nils	M35	00:47:40.6	Barrier TC
79	74	0	5	1776	Manz	Ingo	M60	00:47:43.6	OT-Bremen
80	75	0	4	1599	Jegelka	Gerd	M55	00:47:51.0	
81	76	0	1	1659	Dittberner	Harald	M70	00:47:52.0	
82	77	0	9	1436	Göllner	Timo	M	00:48:15.8	
83	78	0	8	1765	Leßner	Jakob	M30	00:48:22.7	
84	79	0	8	1903	Van Vügt	Carsten	M40	00:48:23.0	
85	80	0	14	1852	Sawilla	"Holger "	M45	00:48:25.5	Racebooker
86	81	0	9	1642	Colak	Atakan	M40	00:48:30.0	Reha Centrum Alt-Osterholz
87	82	0	10	1567	Sane	"Mohammed Aliou"	M	00:48:34.0	
88	83	0	15	1381	Scheffler	Jeno	M45	00:48:49.6	
89	84	0	16	1926	Wiggers	Hugo	M50	00:48:54.3	BSG Sparkasse Bremen
90	85	0	9	1837	Reinhardt	Jann	M30	00:48:56.5	
91	0	6	2	1880	Stewart	Elizabeth	W40	00:49:19.2	Racebooker
92	86	0	17	1512	Hennemann	Andreas	M50	00:49:31.6	Uni Triathlöwen Bremen
93	0	7	2	1750	Kummer	Uta	W50	00:49:32.8	BLT/BTV 1877
94	87	0	16	1772	Lühmann	Marco	M45	00:49:39.2	
95	88	0	10	1818	Pientak	Christoph	M40	00:49:43.8	
96	0	8	3	1636	Buschermöhle	Jola	W40	00:49:44.4	
97	89	0	17	1938	Wydra	"Ralf "	M45	00:49:45.0	Berliner Freiheit
98	0	9	4	1843	Richter	Manuela	W40	00:49:50.9	
99	90	0	18	1923	Wieker	Ulrich	M50	00:49:53.6	
100	91	0	4	1939	Y-19	J	MJA	00:49:54.0	Akademie Lothar Kannenberg
101	92	0	19	1724	Junge	Torsten	M50	00:49:55.1	#TJlaufend
102	93	0	20	1570	Greune	Jan	M50	00:49:55.9	Triteam Schwarme
103	94	0	5	1863	Schmidt	Jürgen	M55	00:49:58.3	
104	95	0	18	1694	Güther	Jens	M45	00:50:14.5	
105	0	10	1	1838	Reitenbach	Andrea	W45	00:50:14.9	BSG Sparkasse Bremen
106	96	0	11	1785	Miszkiel	Leszek	M40	00:50:15.6	
107	97	0	11	1742	Kohlwes	Hendrik	M	00:50:16.0	
108	0	11	3	1907	Voßhans	Eva	W	00:50:16.8	Sport- Ziel Marathonteam
109	98	0	21	1655	Dietz	Carsten	M50	00:50:20.8	BSG Sparkasse Bremen
110	99	0	1	1625	Bröcker	Linus	SA	00:50:28.5	
111	100	0	2	1678	Fricke	Meinrad	M70	00:50:29.8	
112	101	0	22	1792	Narloch	Peter	M50	00:50:31.5	Laufftreff Höpkens Ruh
113	102	0	1	1832	Prübusch	Gerhard	M65	00:50:32.3	
114	103	0	12	1778	Mattlin	Jonas	M	00:50:33.1	
115	0	12	5	1849	Rühl	Alexandra	W40	00:50:37.5	
116	0	13	2	1865	Schnaars	Bärbel	W45	00:50:38.8	





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10.000 m Hauptlauf - Gesamtplatzierungen

Ges.Pl.	Pl. M.	Pl. W.	Pl.A-Kl.	St.-Nr.	Name	Vorname	Alt-Kl.	Ges.Zt.	Verein
117	104	0	23	1738	Knief	Ralf	M50	00:50:40.4	TSV Thedinghausen
118	105	0	6	2343	Teichmann	Norbert	M60	00:50:58.6	LT H Ruh
119	0	14	1	1875	Sommer-Schmidt	Kersten	W55	00:50:59.5	ATLANTIC Hotels und Severins
120	106	0	12	1918	Weihmann	Sven	M40	00:51:04.5	
121	107	0	19	1937	Wydra	Frank	M45	00:51:07.0	Berliner Freiheit
122	108	0	5	1627	Budziak	Lasse	MJB	00:51:13.3	Budziak
123	109	0	7	1428	Stockmeier	Hartmut	M60	00:51:15.1	Laufakademie
124	110	0	6	1576	Seemann	Uwe	M55	00:51:15.6	
125	111	0	2	1808	Orgass	Heinrich	M65	00:51:18.8	
126	112	0	13	1817	Pelke	Max	M	00:51:19.0	kingdom of sports Bremen Vahr
127	113	0	14	1719	Jablonski	"Kim Philipp "	M	00:51:27.2	
128	114	0	20	1777	Markau	Heiko	M45	00:51:35.3	
129	0	15	2	1857	Schlaak	Nele	W30	00:51:36.8	
130	115	0	24	1700	Heidkroß	"Klaus "	M50	00:51:37.5	
131	0	16	1	1845	Rippe	Kirsten	W35	00:51:43.3	BSG Sparkasse Bremen
132	0	17	1	1758	Leckzik	Selin	WJB	00:51:47.4	
133	0	18	6	1458	Kühne	Sandra	W40	00:51:49.8	
134	0	19	2	1940	Zielske	"Annett "	W35	00:51:59.4	Racebooker
135	116	0	21	1635	Buschermöhle	Andree	M45	00:52:01.9	
136	117	0	25	1075	Hillmann	Ralf	M50	00:52:02.1	LT TV Schwanewede
137	118	0	7	1592	van Elven	Joachim	M55	00:52:04.3	
138	119	0	22	1209	Linne	Lars	M45	00:52:05.4	
139	120	0	13	1807	Oltmanns	Thomas	M40	00:52:08.1	
140	121	0	6	1601	A-61	M	MJB	00:52:08.8	Akademie Lothar Kannenberg
141	0	20	7	1913	Walenko	Iwona	W40	00:52:12.2	Racebooker
142	0	21	1	1228	Kunert	Ursula	W65	00:52:30.3	Laufftreff Höpkens Ruh
143	122	0	26	1757	Leckzik	Ralf	M50	00:52:33.1	
144	123	0	10	1619	Blume	Martin	M35	00:52:38.0	
145	0	22	8	1591	Reyes Augilera	Araceli	W40	00:52:38.7	Flib Bremen e. V.
146	124	0	23	1716	Hülsmann	Oliver	M45	00:52:44.4	
147	125	0	14	1626	Bruns	Marc-Oliver	M40	00:52:45.2	BSG Sparkasse Bremen
148	126	0	24	1879	Stelljes	"Jean - Christoph "	M45	00:52:46.0	
149	127	0	27	1482	Kavermann	Thomas	M50	00:52:49.3	
150	0	23	4	1488	Woermann	Mara	W	00:52:49.4	
151	128	0	25	1630	Burkhardt	Frank	M45	00:52:57.4	ACTIC Fitness Bremen
152	129	0	3	1815	Paulsen	Lutz	M70	00:53:05.5	
153	0	24	3	1658	Dinse	Theresa	W35	00:53:08.2	
154	130	0	4	1647	Cossen	Dieter	M70	00:53:15.3	Bremen 1860
155	131	0	28	1710	Hoffmann	Martin	M50	00:53:17.6	
156	0	25	3	1919	Weiland	Michaela	W45	00:53:18.3	BSG Sparkasse Bremen
157	132	0	26	1854	Schade	Marko	M45	00:53:18.4	Racebooker
158	133	0	15	1741	Kohlhase	Stefan	M40	00:53:29.9	ATLANTIC Hotels und Severins
159	0	26	4	1788	Muscheid	Daniela	W45	00:53:32.0	
160	134	0	3	1881	Stichel	Hartmut	M65	00:53:42.2	
161	135	0	8	1713	Horstmann	Holger	M55	00:53:45.8	
162	0	27	3	1573	Bosch	Andrea	W30	00:53:47.4	
163	136	0	7	1696	H-65	T	MJB	00:53:49.6	Akademie Lothar Kannenberg
164	137	0	27	1884	Strangmann	"Wolfgang "	M45	00:53:51.2	Berliner Freiheit
165	138	0	29	1480	Leschinsky	Torsten	M50	00:53:57.0	
166	139	0	8	1633	Busch	Florian	MJB	00:53:57.4	kingdom of sports Bremen Vahr
167	0	28	5	1891	Szarafinski	Sandra	W	00:54:05.1	Schutzengel für Mukoviszidose
168	0	29	4	1643	Collin	Stefanie	W35	00:54:11.1	Racebooker / Laufen gegen Leiden
169	140	0	15	1605	Ak	Ilhan	M	00:54:24.7	Reha Centrum Alt-Osterholz
170	141	0	4	1229	Reiche	Wolfgang	M65	00:54:27.2	
171	142	0	1	1610	Baulig	Alfred	M75	00:54:29.2	ACTIC Fitness Bremen
172	143	0	28	1867	Schrage	Frank	M45	00:54:34.4	
173	0	30	2	1747	Kreytenberg	Angela	W55	00:54:38.3	kingdom of sports Bremen Vahr
174	144	0	30	1581	Polle	Michael	M50	00:54:40.1	LT Platjenwerbe





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10.000 m Hauptlauf - Gesamtplatzierungen

Ges.Pl.	Pl. M.	Pl. W.	Pl.A-Kl.	St.-Nr.	Name	Vorname	Alt-Kl.	Ges.Zt.	Verein
175	0	31	5	1676	Frambach	Silke	W45	00:54:43.6	
176	145	0	9	1026	Klause	Ewald	M55	00:54:49.2	
177	146	0	10	1941	Zittier	Daniel	M30	00:54:53.1	Racebooker - Wir tun es laufend...
178	0	32	6	1753	Lammertz	Kirstin	W	00:55:01.9	Berliner Freiheit
179	147	0	11	1775	Malnati	Tobias	M30	00:55:04.7	kingdom of sports Bremen Vahr
180	148	0	11	1667	Ellerbrock	Torben	M35	00:55:16.0	Reha Centrum Alt-Osterholz
181	149	0	31	1899	Trage	Ralf	M50	00:55:19.6	
182	150	0	29	1686	Gerdes	Jörn	M45	00:55:32.9	
183	151	0	12	2344	Prenzler	Arndt	M35	00:55:34.5	
184	0	33	7	1930	Willems	Mareike	W	00:55:38.3	
185	152	0	10	1611	Baum	Arno	M55	00:55:40.0	
186	153	0	8	1737	Klös	Michael	M60	00:55:41.1	
187	0	34	3	1709	Hoffmann	Adelin	W50	00:55:43.4	
188	154	0	11	1674	Focke	Jens	M55	00:55:43.7	ACTIC Fitness Bremen
189	0	35	4	1629	Burbano Roa	"Claudia Sofia"	W30	00:55:45.9	
190	155	0	32	1679	Frik	Hubert	M50	00:55:50.4	Laufteam Anna-Luehring
191	156	0	30	1874	Silber-Mankowsky	Alexander	M45	00:55:53.8	
192	0	36	5	1924	Wiese	Kristina	W30	00:55:57.8	
193	157	0	16	1321	Petersen	Ron	M40	00:56:01.3	Kung Fu Club Bremen
194	158	0	16	1821	Poppe	Jannick	M	00:56:12.4	
195	159	0	17	1712	Hoops	Michael	M40	00:56:19.2	
196	0	37	8	1794	Nettelbeck	Sarah	W	00:56:20.6	Schutzengel für Mukoviszidose
197	160	0	12	1869	Schroeder	Frank	M55	00:56:22.5	
198	161	0	9	1871	Seeger	Ernst	M60	00:56:38.7	ACTIC Fitness Bremen
199	162	0	17	1675	Focke	Marco	M	00:56:39.6	ACTIC Fitness Bremen
200	163	0	31	1920	Wellbrock	Frank	M45	00:56:40.8	Racebooker - Wir tun es laufend ...
201	0	38	6	1801	Nünning	Katrin	W30	00:56:44.9	ATLANTIC Hotels und Severins
202	164	0	12	1893	Tchando Kongue	"A. Alexandre"	M30	00:56:49.1	
203	165	0	13	1485	Müller	Thomas	M30	00:56:49.5	
204	0	39	1	1861	Schmidt	Elke	W60	00:56:50.1	BSG Sparkasse Bremen
205	166	0	13	1566	Wichtrup	"Christian "	M35	00:56:50.8	
206	167	0	18	1888	Stüring	Michael	M40	00:56:54.4	ATLANTIC Hotels und Severins
207	0	40	5	1813	Pannek	Carola	W35	00:56:57.3	
208	0	41	4	1811	Otto	Ulrike	W50	00:56:58.3	
209	168	0	14	1564	Buchholz	Christian	M30	00:57:00.3	
210	169	0	33	1934	Wolf	Sascha	M50	00:57:01.0	
211	170	0	18	1628	Büntemeyer	Florian	M	00:57:13.1	Reha Centrum Alt-Osterholz
212	171	0	9	1641	Ciuprina	Stefan	MJB	00:57:18.8	
213	172	0	32	1751	Laaß	Michael	M45	00:57:26.4	International School of Bremen
214	173	0	5	1744	Köster	Ralph	M65	00:57:27.6	
215	0	42	7	1743	Köster	Flora	W30	00:57:27.7	
216	0	43	6	1565	Kopp	Anja	W45	00:57:28.8	Racebooker
217	0	44	9	1334	Gutjahr	Claudia	W40	00:57:34.3	
218	0	45	10	1726	Kaluza	Christina	W40	00:57:36.7	
219	174	0	34	1660	Dohr	Remko	M50	00:57:45.1	
220	0	46	8	1916	Wehrheim	Lena	W30	00:57:47.7	ATLANTIC Hotels und Severins
221	0	47	6	1853	Schaafberg	Julia	W35	00:57:57.2	Reha Centrum Alt-Osterholz
222	175	0	19	1876	Springer	Frank	M40	00:57:57.3	Berliner Freiheit
223	0	48	5	1589	De Boer	Anja	W50	00:58:09.4	
224	0	49	2	1666	Eikhorst	Ann-Kathrin	WJB	00:58:12.7	
225	176	0	35	1905	Vetter	"Thomas "	M50	00:58:13.6	
226	0	50	9	1749	Kubacki	Daria	W30	00:58:26.0	
227	0	51	7	1722	Joks	Silke	W45	00:58:36.5	
228	177	0	14	1663	Douha	Ahmed	M35	00:58:41.5	
229	178	0	13	1882	Stockmann	Dieter	M55	00:58:41.5	
230	0	52	11	1717	Hünecke	Marina	W40	00:58:48.8	Run for Fun
231	0	53	8	1683	Garbade	Stefanie	W45	00:58:53.0	Lauftreff Höpkens Ruh
232	179	0	33	1682	Furche	"Michael "	M45	00:59:00.0	SV Megabyte





12. Vahrer-Seen-Lauf, am 05.06.2016 - E R G E B N I S - L I S T E

10.000 m Hauptlauf - Gesamtplatzierungen

Ges.Pl.	Pl. M.	Pl. W.	Pl.A-Kl.	St.-Nr.	Name	Vorname	Alt-Kl.	Ges.Zt.	Verein
233	180	0	34	1819	Poggemann	Frank	M45	00:59:02.9	
234	181	0	36	1007	Kelichhaus	Rurik	M50	00:59:04.6	
235	182	0	6	1665	Eichhorst	Gerhard	M65	00:59:05.2	ATS Buntentor
236	0	54	9	1767	Lilge	Christine	W	00:59:07.2	
237	0	55	7	1839	Rennie	Ruth	W35	00:59:07.8	
238	183	0	37	1697	Hansch	Bernd	M50	00:59:27.7	
239	0	56	6	1690	Greupner	Sabine	W50	00:59:28.0	
240	0	57	10	1771	Lüderitz	Nicole	W30	00:59:32.1	
241	184	0	38	1787	Morstein	Holger	M50	00:59:33.6	
242	0	58	11	1921	Westerholt	Julia	W30	00:59:43.6	
243	185	0	14	1904	Vetter	Bernd	M55	00:59:48.9	
244	186	0	15	1870	Schubert	Gerhard	M55	00:59:53.7	Laufftreff Höpkens Ruh
245	0	59	7	1606	Alber	"Sylvia "	W50	00:59:54.5	Laufftreff Höpkens Ruh
246	187	0	16	1714	Hübler	Thomas	M55	00:59:58.7	
247	0	60	10	1631	Burkhardt	Hannah	W	01:00:07.0	kingdom of sports Bremen Vahr
248	188	0	20	1585	Sturhann	Matthias	M40	01:00:20.2	
249	189	0	15	1644	Cordes	Timo	M30	01:00:25.0	Racebooker
250	190	0	19	1812	Owusu	David	M	01:00:27.5	
251	0	61	11	1702	Heines	Sarah	W	01:00:31.6	
252	0	62	12	1878	Steil	Julia	W	01:00:31.8	
253	191	0	16	1729	Karschny	Andreas	M30	01:00:39.4	kingdom of sports Bremen Vahr
254	0	63	9	1691	Grundmanns	Heike	W45	01:00:46.4	
255	0	64	12	1766	Leusmann	Ann-Christin	W30	01:00:48.1	
256	192	0	2	1936	Wölker	Harald	M75	01:00:53.3	Tus Komet Arsten
257	0	65	8	1578	Richardson	Andrea	W35	01:00:55.1	Slowakisch
258	0	66	8	1925	Wigand-Celik	Petra	W50	01:00:57.2	
259	193	0	5	1047	Hagedorn	Günther	M70	01:01:06.3	Huegelwetzter
260	0	67	1	1637	Celik	Lea	WJA	01:01:08.4	
261	194	0	15	1616	Bieszke	Marcin	M35	01:01:11.5	Reha Centrum Alt-Osterholz
262	195	0	20	1653	Demirkapi	Çiya	M	01:01:13.4	
263	0	68	13	1755	Lautenschläger	Luisa	W	01:01:13.4	
264	196	0	16	1912	Wajda	Antonio	M35	01:01:17.6	kingdom of sports Bremen Vahr
265	197	0	35	1721	Jentsch	Kai	M45	01:01:36.4	BSG Sparkasse Bremen
266	0	69	9	1779	Maurer	Sabine	W50	01:01:36.4	
267	198	0	17	1725	Kaierleber	Timur	M30	01:01:45.4	
268	199	0	36	1890	Sydow	Holger	M45	01:01:45.4	
269	0	70	13	1622	Brekeller	"Stefanie "	W30	01:01:54.4	ATLANTIC Hotels und Severins
270	200	0	37	1723	Jost	Matthias	M45	01:01:59.2	
271	201	0	38	1604	Adomat	Thomas	M45	01:02:27.3	
272	202	0	6	1856	Schiel	Hartmut	M70	01:02:40.3	
273	0	71	10	1798	Noetzel	Karin	W50	01:02:47.8	FLIB Bremen e.V.
274	203	0	21	1791	Nagel	Daniel	M40	01:02:48.4	
275	0	72	3	1929	Wilkens	Doris	W55	01:02:58.7	
276	0	73	11	1826	Pretzel	Birgit	W50	01:03:06.8	
277	0	74	12	1781	Meinke	Anja	W50	01:03:06.9	
278	0	75	1	1681	Fuchs	Christine	W75	01:03:08.1	LC Hansa Stuhr
279	204	0	39	1662	Döring	Norbert	M45	01:03:13.9	Reha Centrum Alt-Osterholz
280	205	0	10	1823	Pottschmidt	Rolf	M60	01:03:16.6	WERO GmbH
281	206	0	3	1917	Weigelt	Adolf	M75	01:03:17.6	
282	207	0	17	1649	Cyrol	Lothar	M55	01:03:19.5	
283	208	0	7	1754	Laue	Hans	M65	01:03:21.5	
284	209	0	17	1883	Stöhlmacher	Martin	M35	01:03:25.7	
285	0	76	2	1763	Leps	Isabel	WJA	01:03:42.2	
286	210	0	40	1764	Leps	Thomas	M45	01:03:43.7	
287	211	0	10	1898	Trabandt	Justus	MJB	01:03:44.2	
288	212	0	41	1689	Grahl	"Joachim "	M45	01:04:09.7	
289	0	77	10	1814	Pasche	Ulrike	W45	01:04:50.2	
290	213	0	22	1928	Wilke	Tomas	M40	01:04:59.5	





12. Vahrer-Seen-Lauf, am 05.06.2016 - E R G E B N I S - L I S T E

10.000 m Hauptlauf - Gesamtplatzierungen

Ges.Pl.	Pl. M.	Pl. W.	Pl.A-Kl.	St.-Nr.	Name	Vorname	Alt-Kl.	Ges.Zt.	Verein
291	214	0	5	1668	Engel	Daniel	MJA	01:04:59.7	
292	0	78	9	1657	Dilek	Nina	W35	01:05:02.6	
293	215	0	42	1027	Dahlenberg	Frank	M45	01:05:05.8	Schule Paul Singer Str.
294	216	0	11	1802	Nustede	Winfried	M60	01:05:30.2	
295	217	0	43	1569	Fischer	Frank	M45	01:05:37.1	Ricon
296	218	0	39	1833	Prüger	Bernhard	M50	01:05:44.4	
297	219	0	8	1563	Gorski	Reiner	M65	01:05:44.7	Bremen 1860
298	0	79	2	1575	Hampe	Ursula	W60	01:05:45.5	
299	220	0	40	1901	Unglaube	Dirk	M50	01:05:51.6	
300	0	80	3	1760	Leimbach	Inkeri	WJB	01:05:54.9	
301	221	0	23	1887	Streso	Henrik	M40	01:06:08.9	
302	222	0	18	1911	Wahl	Ingo	M55	01:06:13.6	
303	223	0	7	1664	Eberhardt	Jochem	M70	01:06:23.2	
304	224	0	41	1672	Fischer	Ronald	M50	01:06:37.2	
305	0	81	14	1620	Bohling	Sandra	W30	01:06:51.7	
306	0	82	10	1932	Windsch	Sarah	W35	01:06:57.4	
307	0	83	15	1752	Lahr	Andrea	W30	01:07:13.0	ATLANTIC Hotels und Severins
308	0	84	1	1902	Wiekenberg	Ursel	W70	01:07:19.9	
309	225	0	18	1824	Preikschat	Kilian	M30	01:07:39.0	kingdom of sports Bremen Vahr
310	226	0	42	1859	Schloßstein	Jens	M50	01:07:49.2	
311	227	0	43	1006	Krützmann	Lutz	M50	01:07:50.6	
312	228	0	19	1572	Thiel	Joerg	M55	01:07:52.4	
313	0	85	2	1933	Witting	Renate	W65	01:08:00.1	
314	0	86	13	1671	Finke	Anja	W50	01:08:01.6	
315	0	87	12	1900	Trossen	Nicole	W40	01:08:14.2	
316	229	0	21	1624	Bröcker	Fabian	M	01:08:27.0	
317	0	88	14	1895	Thurrow	Martina	W50	01:08:36.4	
318	230	0	44	1762	Lemmermann	Jan	M50	01:08:37.1	
319	231	0	45	1640	Ciuprina	Florin	M50	01:08:47.0	
320	232	0	12	1574	Hampe	Fritz	M60	01:08:54.3	
321	0	89	4	1885	Strate	Birgit	W55	01:09:54.5	
322	233	0	44	1704	Heinz	Lothar	M45	01:09:54.8	
323	0	90	11	1634	Busch-Beck	Corinna	W45	01:10:43.9	kingdom of sports Bremen Vahr
324	0	91	5	1688	Görler	Elke	W55	01:10:57.3	TSV St. Jürgen
325	234	0	20	1730	Kerber	Alwin	M55	01:12:10.6	
326	235	0	45	1780	Meentzen	Axel	M45	01:12:54.1	
327	0	92	14	1639	Ciuprina	Andreea	W	01:14:15.0	
328	0	93	13	1835	Redweik	Elvira	W40	01:17:38.8	
329	236	0	46	1836	Redweik	Gerald	M45	01:17:39.0	
330	237	0	24	1866	Schönfelder	Björn	M40	01:18:28.8	
331	0	94	16	1707	Heyer	Nathalie	W30	01:19:20.0	
332	0	95	4	1800	Nottbusch	Rebecca	WJB	01:23:25.2	International School of Bremen
333	0	96	1	1687	Görisch	Kathlina	SIB	01:23:27.7	International School of Bremen
334	238	0	6	1661	Doll	Simon	MJA	01:25:36.9	
335	0	97	3	1731	Kerkhoff	Viola	W60	01:29:38.3	Reha Centrum Alt-Osterholz
336	0	98	5	1728	Kammann	Katharina	WJB	01:32:03.4	International School of Bremen

